Questionnaire:
Caregiver Services and Supports

Services and supports for family caregivers of people with dementia are needed in communities striving to become dementia friendly. They include counseling, support groups, caregiver coaching, care consultation, respite, and education and training on dementia and care needs.

The information gathered in this questionnaire is part of the full Community Needs Assessment. Each question is cross-referenced to a corresponding question in the full assessment. This interview can be completed by anyone on the action team, particularly someone with contacts in caregiver support services.

Interviewing Caregiver Services and Support Providers

1. Develop a list of agencies/organizations that provide services or support to caregivers such as adult day, support groups, and respite care providers. This questionnaire is not intended for family caregivers.
2. Prioritize and determine which organizations to contact.
3. Identify the appropriate contact(s) in these organizations.
4. Keep track of your data sources, including who you interview and their responses to the questions.
5. Create a code for each questionnaire, using the sector abbreviation and a number. For example, caregiver services and support provider questionnaires would be CG1 for the first interviewee, CG2 for the second, etc.
6. Use the Pre-Interview Email Template or Call Script to introduce yourself and the project and to schedule an interview.
7. Gather and familiarize yourself with the materials you will share at the interview: questionnaire, dementia-friendly community infographic, and Know the 10 Signs.
8. Conduct the interview.
9. After your interview, submit the completed questionnaire to the action team member coordinating the synthesis.
10. Send a thank you to the interviewee.

**Interviewer/Your Name Date of Interview**

**Community Member/Interviewee Interviewee Code: CG**

**Name**

**Title**

**Address**

**Phone**

**Email**

Awareness

Question 1

Have you had personal experience with someone with dementia? \_\_\_ Yes \_\_\_ No

(Q1a in full assessment)

Question 2

Have you had professional experience with someone with dementia? \_\_\_ Yes \_\_\_ No

(Q1b in full assessment)

*Interviewer Tip: Share the dementia-friendly community infographic and describe the dementia- friendly efforts occurring in your community.*

Question 3

What do you see as our community’s main strengths for addressing the needs of people living with dementia and their families? (Q2 in full assessment)

Question 4

What do you see as our community’s main gaps for addressing the needs of people living with dementia and their families? (Q3 in full assessment)

Question 5

What resources and organizations would you suggest to individuals who may show signs of dementia? (Q4 in full assessment)

Question 6

This question asks about awareness of the resources and organizations that can help support people with dementia and their families. (Q5 in full assessment)

|  |  |
| --- | --- |
| **Level of Current Activity** | **Priority for Action** |
| Indicate your level of agreement with this statement: Our community currently has adequate awareness of the resources and organizations available to support people with dementia and their families. | Indicate your level of agreement with this statement: Raising community awareness of the resources and organizations that can help support people with dementia and their families should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

*Interviewer Tip: Distribute education on Alzheimer’s disease and dementia; e.g., Know the 10 Signs. Share listing of the resources and organizations that can help support people with dementia and their families in your community.*

Question 7

This question asks about your level of knowledge of the warning signs of dementia.

10 warning signs: 1) Memory loss that disrupts daily life. 2) Challenges in planning or solving problems. 3) Difficulty completing familiar tasks at home, at work or at leisure. 4) Confusion with time or place. 5) Trouble understanding visual images and spatial relationships. 6) New problems with words in speaking or writing. 7) Misplacing things and losing the ability to retrace steps. 8) Decreased or poor judgment. 9) Withdrawal from work or social activities. 10) Changes in mood and personality. (Q6 in full assessment)

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| --- | --- |
| **Level of Dementia Knowledge** | **Priority for Action** |
| Indicate your level of knowledge of the 10 warning signs of dementia. | Indicate your level of agreement with this statement: Increasing our community members’ knowledge about the warning signs of dementia should be a priority for action in our community. |
| 1. Very low 2. Low 3. Moderate 4. High 5. Very high0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Question 8

This question asks about your skills for interacting with people who have dementia. (Skills for interacting with people with dementia include knowing when to repeat information or suggesting a family member should participate in conversations.) (Q7 in full assessment)

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| --- | --- |
| **Level of Interaction Skills**  | **Priority for Action** |
| Indicate your level of agreement with this statement: I have good skills for interacting with people with dementia. | Indicate your level of agreement with this statement: Increasing our community members’ skills for interacting with people with dementia should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Question 9

Our community may have diverse and underserved populations that would benefit from having resources tailored for people with dementia and their families (meaning programs or services that meet the needs of diverse populations). (Question 8 in full assessment)

*Interviewer Tip: Share relevant community demographic information.*

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| --- | --- |
|  **Level of Current Activity** | **Priority for Action** |
| Indicate your level of agreement with this statement: Our community currently has adequate dementia-related resources tailored to our diverse and underserved populations. | Indicate your level of agreement with this statement: Increasing dementia-related resources tailored to our diverse and underserved populations should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Education and Training for Family Caregivers

Question 10

For caregivers of people with dementia, do you currently provide education and training about Alzheimer’s disease and care needs? (Q11 in full assessment)

\_\_\_ Yes \_\_\_ No \_\_\_ Unsure

If yes, list the trainings and briefly describe (title, content).

|  |
| --- |
| **Education and trainings offered for caregivers of people with dementia(title, content)**  |
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|  |

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| --- | --- |
| **Level of Current Activity** | **Priority for Action** |
| Indicate your level of agreement with this statement: Caregivers of people with dementia in our community currently receive adequate education and training on dementia. | Indicate your level of agreement with this statement: Increased education and training on dementia for caregivers of people with dementia should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Caregiver Counseling, Support Groups and Services

Question 11

Do you currently offer any of the following counseling/support groups for caregivers of people with dementia? (Q12 in full assessment)

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| --- | --- |
| **Supports specific for caregivers of people with dementia**  | **Currently available** |
| Family counseling/Family meeting | \_\_\_ Yes \_\_\_ No |
|  Support groups | \_\_\_ Yes \_\_\_ No |
| Mentoring program/Peer support | \_\_\_ Yes \_\_\_ No |
| Other (please specify) | \_\_\_ Yes \_\_\_ No |

|  |  |
| --- | --- |
| **Level of Current Activity** | **Priority for Action** |
| Indicate your level of agreement with this statement: Our community has an adequate level of counseling/support groups for caregivers of people with dementia. | Indicate your level of agreement with this statement: Increasing the level of counseling/support groups for caregivers of people with dementia should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Question 12

Do you currently offer any of the following services for caregivers of people with dementia?
Are they tailored to people with dementia? (Q13 in full assessment)

|  |  |  |
| --- | --- | --- |
| **Services for caregivers**  | **Currently available** | **Tailored to dementia? Describe how.** |
| Caregiver coaching | \_\_\_ Yes \_\_\_ No | \_\_\_ Yes  |
| Care consultation | \_\_\_ Yes \_\_\_ No | \_\_\_ Yes |
| Other (please specify) | \_\_\_ Yes \_\_\_ No | \_\_\_ Yes  |

|  |  |
| --- | --- |
| **Level of Current Activity** | **Priority for Action** |
| Indicate your level of agreement with this statement: Our community provides an adequate level of caregiving coaching/care consultation services for caregivers of people with dementia. | Indicate your level of agreement with this statement: Increasing the level of caregiving coaching/care consultation services for caregivers of people with dementia should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Question 13

Do you currently offer any of the following respite programs or services?

Are the respite options social in nature only or do they include medical care as well?

Are they tailored to people with dementia?

(Q14 in full assessment)

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| --- | --- | --- | --- |
| **Respite options for caregivers**  | **Currently available** | **Social or medical model?** | **Tailored to dementia?****Describe how.** |
| Adult day programs | \_\_\_ Yes \_\_\_ No |  | \_\_\_ Yes  |
| Emergency or crisis respite | \_\_\_ Yes \_\_\_ No |  | \_\_\_ Yes  |
| Extended respite | \_\_\_ Yes \_\_\_ No |  | \_\_\_ Yes  |
| In home | \_\_\_ Yes \_\_\_ No |  | \_\_\_ Yes |
| Overnight, weekend respite | \_\_\_ Yes \_\_\_ No |  | \_\_\_ Yes  |
| Other (please specify) | \_\_\_ Yes \_\_\_ No |  | \_\_\_ Yes  |

|  |  |
| --- | --- |
| **Level of Current Activity** | **Priority for Action** |
| Indicate your level of agreement with this statement: Our community has an adequate level of respite programs or services for caregivers of people with dementia. | Indicate your level of agreement with this statement: Increasing the level of respite programs or services for caregivers of people with dementia should be a priority for action in our community. |
| 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know | 1. Strongly disagree 2. Disagree 3. Neither agree or disagree 4. Agree 5. Strongly agree0. Do not know |

Question 14

Would you be interested in helping us create a dementia-friendly community? (Q26 in full assessment, track in Master Contact List)

\_\_\_ Yes \_\_\_ No \_\_\_ Unsure

Suggestions:

* Serve on the action team
* Public endorsement/testimonial
* Donate resources, e.g., meeting space, advertising, personnel, funds, etc.
* Other:

Question 15

What other organizations/groups in our community should take part in creating a dementia-friendly community? (Q27 in full assessment, track in Master Contact List)

Question 16

Should I be in touch with you again to let you know how the project is progressing and how you can best help to ensure our community is becoming dementia friendly? (Q28 in full assessment, track in Master Contact List)

\_\_\_ Yes \_\_\_ No

Thank you for your time and support.