



## Health Care Leadership Summit Highlights

Held September 29, 2016

The 2016 ACT on Alzheimer's Health Care Leadership Summit was a working session to explore creative solutions for improving dementia detection and care and to influence the national discussion around this disease. More than 135 health care leaders participated from across Minnesota and beyond, representing health care delivery, community-based, quality assurance, and public sectors.

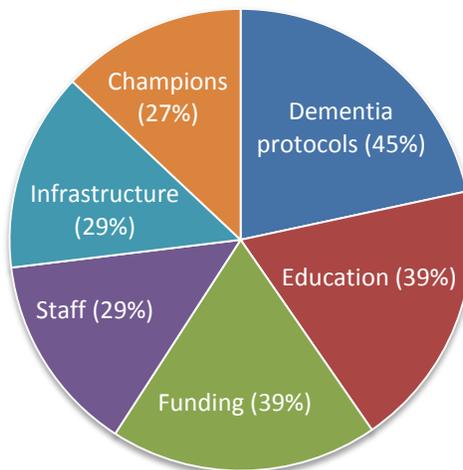
### Pre-Summit Considerations

|                                |  |
|--------------------------------|--|
| <b>Signature ACT goal</b>      | Increase detection of Alzheimer's disease and improve ongoing care and support   |
| <b>Signature ACT goal</b>      | Sustain caregivers by offering them information, resources and in-person support   |
| <b>ACT's health care focus</b> | Help health care providers and systems become dementia capable   |
| <b>What success looks like</b> | Dementia-competent health care systems promote timely diagnosis and options for care and support of the person with the disease and their caregivers |

### Sampling of Pre-Summit Survey Questions of Registered Participants

- What do you perceive as the top priorities to fill gaps or needs in your organization to better serve patients/clients with dementia? (77 respondents)

### Pre-Summit Survey: Gaps/Needs



#### Other gaps/needs noted:

Connections to community support organizations  
Quality improvement  
Research/evidence

- List the top things causing you to resist changing the way your practice/organization detects, diagnoses, or manages dementia? (45 respondents)

## Pre-Summit Survey: Reasons for Resisting Change



### Other reasons for resisting change:

Organization size  
 Leadership vision  
 Education/awareness  
 Staffing

## Summit Agenda Highlights

- **Notable speakers:** Dr. Shari Ling, Deputy Chief Medical Officer, Centers for Medicare and Medicaid Services, *A National/CMS Perspective*; Dr. Penny Wheeler, President and Chief Executive Officer, Allina Health, *A Compelling Case for Change*; Dr. Soo Borson, Co-Lead, Minnesota Brain Age Research Collaborative, *The Path Forward: Making Dementia a Health Care Priority*; and Rodolfo Anibal Nava Lozada, caregiver, *The Time is Now to ACT*
- **Table discussions and report outs:**
  - *Timely detection and diagnosis* – Guiding questions on the reality that fewer than 50% of people with dementia receive a diagnosis
  - *Post-diagnostic care* – Guiding questions on the reality that very few patients and families receive education, management and support for their disease or information about how to live well and reduce symptoms
  - *Moving forward* – Guiding questions on the reality that systems change and new models of care can be difficult to implement
- **Notable themes:**
  - Health care organizations need to adopt standardized protocols for dementia identification, diagnosis and care coordination similar to chronic conditions like heart disease, cancer and pregnancy. Standardized detection tools improve recognition of cognitive impairment beyond a physician’s personal assessment, particularly in milder stages and in older adults subject to disparities in health care due to sociodemographic factors—such as limited education, low literacy, and non-English speaking.
  - Research shows that delayed diagnosis and failing to connect people to supports often results in preventable crises.
  - Dementia is personal. We’ve all been affected professionally or personally by dementia—every 66 seconds someone develops Alzheimer’s. The risk is highest for older African Americans, Latinos and women.
  - Early detection helps the person with the disease, and caregiver, have more control of life.
  - We need better coordination around who is making the decisions to drive care.
  - We can do better. We know how to do this, and we have the tools.

## Summit Call to Action

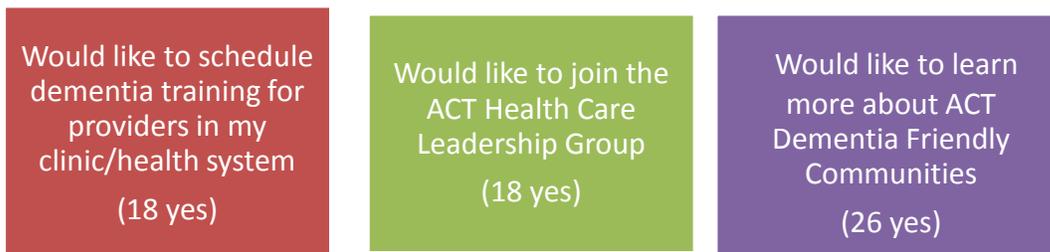
We need early detection and a team approach using care coordination to avoid more preventable crises and improve quality of life and care for people living with dementia.

## Sampling of Day-of-Summit Evaluation

Share one specific plan or idea for implementing information from the summit (67 respondents):

- Implementing the mini-cog, working toward building a memory care clinic and creating a clinical template and pathway
- Aggressive provider/clinic outreach, promotion of ACT tools and mini-cog and community education to reduce stigma and engage diverse communities
- Support integrated services model as stated in the Health Reform Act (ACA)
- Educate providers to use CMS chronic care management and possible new reimbursement codes and learn more about NQF performance measurement gaps
- Develop greater understanding of health care innovations in care team practice to understand the gaps related to community care
- Bring information back to the health system and initiate discussion with providers and decision makers about establishing standard protocols for identification, treatment and care
- Importance of connecting community resources with diagnosed patients/caregivers
- Collaborate with senior health clinic (HCMC) to develop core team of professionals at all levels who are committed to a formal dementia care plan for our system
- Set up standardized screening for cognitive impairment for patients on a routine basis

## Day-of-Summit Survey: Interest in Participating in ACT



## Post-Summit Call to Action

We ask that summit attendees advance the energy and enthusiasm of the summit by:

- Following through on the action steps they identified during the summit
- Visiting the ACT website for tools, workflows, training and support
- Beginning or continuing to develop a systematic approach to dementia detection, diagnosis and post-diagnostic care and support in their organizations
- Scheduling an ACT in-person provider or care coordinator training on dementia best practices
- Connecting with and joining ACT dementia friendly communities

**For Additional Information:** Michelle Barclay, ACT on Alzheimer's, [mpbarclay@barclaygp.com](mailto:mpbarclay@barclaygp.com) or 612-408-2910.