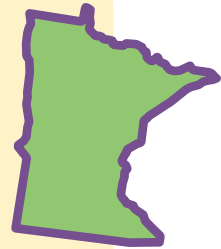


It's About All Of Us!

# Dementia Friendly Communities

More than  
**100,000**  
Minnesotans have  
dementia or  
related disorders.



In Minnesota, more than 100,000 people are living with dementia and thousands more have memory loss that worries or concerns them.

This informational material is for anyone who wants to know more about age-related memory loss or is worried about their own memory. It's also for people who have been told they have mild cognitive impairment or dementia, such as Alzheimer's disease, dementia with Lewy bodies or a related disorder.

This information is also for families, friends, neighbors, youth, businesses and all other members of our community and surrounding areas. We each have a role in making sure that people living with dementia feel understood and respected, and that they are given opportunities to participate and thrive in the community.

**It's about all of us.**



Content adapted from ACT Rochester's  
community guide.

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