

Support People With Memory Loss

Our community plays a vital role in the health and wellbeing of people living with dementia and their care partners. A community that is dementia-informed, safe, and respectful is a community prepared to support people living with Alzheimer's and everyone touched by the disease. All parts of a community can organize to adopt dementia friendly practices.

Creating a supportive environment includes:

- Raising awareness about Alzheimer's, transforming attitudes, and moving people to action
- Supporting family and friend caregivers by providing accessible information, resources, and in-person support
- Promoting meaningful participation in community life for everyone
- Including communities that experience inequities because of race, ethnicity, culture, language, sexual orientation, gender identity, mental illness, hearing/sensory differences, intellectual or physical abilities, and economic status

What to do next:

"I cared for my grandma when she was living with Alzheimer's. I wish I had received more information and training. To honor my grandmother and support my community, I am working to bring more awareness and education to teens and young adults."

