About this guide
This guide is meant to help connect you with local resources that address memory loss and dementia. If you or someone you know is experiencing changes with memory, it is important to begin with a medical evaluation, which will direct your next steps and course of action. This disease can affect many aspects of life and relationships in subtle and challenging ways. Know that through this experience, you are not alone. Reach out to the community network for guidance and support.

Marshall has been designated a Dementia Capable Community after being awarded an ACT on Alzheimer’s grant. ACT on Alzheimer’s is a volunteer-driven, statewide collaboration bringing Minnesotans together to create supportive environments for everyone touched by dementia. To get involved in this ongoing community effort, join our monthly meetings:

Marshall ACT on Alzheimer’s ACTion Team
1st Thursday of the month at 12:00 p.m.
at Boulder Creek Assisted Living
604 Village Drive, Marshall

Minnesota Resources

ACT on Alzheimer’s Resources
actonalz.org

Alzheimer’s Association - MN-ND Chapter
(800) 272-3900 (24/7) | alz.org/mnnd

Minnesota Commission Serving Deaf and Hard of Hearing People
(651) 297-7305 (T/V) | mncdhh.org

Minnesota Legal Services
(651) 228-9105 | MNLegalServices.org

Minnesota Live Well at Home
mnlivewellathome.org

Minnesota State Services for the Blind
(651) 642-0500
(651) 642-0506 (TDD/TTY)
mnssb.org

Minnesota River Area Agency on Aging
Slayton, MN 56172
(507) 387-1256 | mnraaa.org/

Ombudsman for Long-term Care
(507) 662-6652 or (800) 657-3591

Report a vulnerable adult situation
844-880-1574

Senior LinkAge Line
(800) 333-2433 | MinnesotaHelp.info

To follow what's going on with ACT on Alzheimer’s Marshall visit actonalz.org/marshall.org

The card below is meant to help improve communication and understanding when out in the community with your loved one or friend who has dementia. Card can be detached.

The person I am with has Dementia
1. Smile warmly.
2. Listen closely.
3. Speak clearly.

Thank you for your patience and understanding.
About Dementia...

Dementia isn’t a specific disease. It is an overall term that describes a wide range of symptoms associated with a decline in memory severe enough to reduce a person’s ability to perform everyday activities. Alzheimer’s disease is the most common type of dementia.

**Adult Day Providers**
- Avera Marshall Adult Day Services
  - (507) 537-9143 | avera.org/marshall
- Touching Hearts Home Care
  - (507) 337-1101

**Assisted Living Communities**
- Boulder Estates
  - (507) 532-3834 | boulderestates.org
- Heritage Pointe Senior Living
  - (507) 337-4330 | heritagepointemn.com
- Central MN Senior Care @ Patricia Court
  - (507) 537-0715 | centralmnseniorcare.com

**Companion Services**
- A.C.E. of S.W. Minnesota-Lyon County
  - (507) 532-1326 | aceswmn.org
- Lutheran Social Services
  - (507) 337-0382 | lssmn.org

**Clinics**
- Affiliated Community Medical Center (ACMC)
  - (507) 532-1101 | acmc.com
- Avera Curaquick Clinic
  - (507) 532-4450 | avera.org/marshall
- Avera Marshall Regional Medical Center
  - (507) 537-9007 | avera.org/marshall
- Memory Care Clinic - Montevideo, MN
  - (320) 321-8133 | montevideomedical.com
- Open Door Health Center
  - (507) 388-2120 | odhc.org

**Home-based Services**
- Avera @ Home
  - (507) 537-7070 | averamarshall.org
- Prairie Home Hospice & Community Care
  - (507) 337-0080 | prairiehomehospice.org
- Prairie River Home Care
  - (507) 532-2264 | prhomecare.com
- Wild Rose Home Care
  - (507) 337-1101

**Home & Personal Safety**
- MedicAlert+Alzheimer’s Association
  - (800) 272-3900 | alz.org

**Hospital**
- Avera Marshall Regional Medical Center
  - (507) 532-9661 | avera.org/marshall

**Hospice**
- Avera @ Home
  - (507) 537-7070 | averamarshall.org
- Compassionate Care Hospice
  - (507) 372-7003 | cchnet.net
- Prairie Home Hospice & Community Care
  - (507) 337-0080 | prairiehomehospice.org

**Long-term Care Consultation Services**
- Southwest Health & Human Services
  - (800) 657-3760 | swmhhs.com

**Senior LinkAge Line**
- (800) 333-2433 | MinnesotaHelp.info

**Transportation**
- Marshall Taxi
  - (507) 829-3055 | marshalltaxi.com
- Community Transit of Western Community Action
  - (507) 537-7628 | wcainc.org

**Medical Equipment**
- Avera Home Medical Equipment
  - (507) 537-7070 | averamarshall.org
- Rice Home Medical
  - (320) 598-7303 | ricehomemedical.com

**Memory Care Communities**
- Boulder Creek Assisted Living
  - (507) 929-1234 | boulder-creek.org
- Heritage Lane
  - (507) 337-4330 | heritagepointemn.com

**Open Door Services**
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  - (507) 337-1101

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