Community Resource Brochure/Flyer: Template

When you interview community members across all sectors during the assessment process, you will learn about existing community resources that can benefit people living with dementia and their family caregivers. Use your findings to create a user-friendly community resource brochure or flyer.

Best practices to consider:

* Include a quote about living with Alzheimer’s or being a caregiver to someone living with Alzheimer’s.
* Include a photo of some Action Team members because we all relate to seeing someone from our own community.
* Use a photo on the front panel that portrays a sense of hope and connectedness.
* Obtain and use the Know the 10 Signs template from the Alzheimer’s Association; OR, for a softer approach, use an observation like Are you or someone you know “experiencing some memory problems?” OR, use some facts/statistics about the disease and include a link to the Alzheimer’s Association.
* Use the ACT logo that includes your community name.
* Title: Alzheimer’s & Dementia Resource Guide  
  Descriptor: Use this information to connect with local resources and people who understand and want to help. It’s a starting point, not a complete listing of services available.

Resource areas to list include:

**Assisted Living/Memory Care Facilities**

**Caregiver Services and Supports**

[Consider: adult day, support groups, respite care providers]

**Community Services and Supports**

[Consider: wellness programs (e.g., fitness centers, YMCA/YWCA), meaningful engagement programs/activities (e.g., creative arts, music, group programs), services that support independence at home (e.g., chore, home safety, food shelf, meal delivery), support with home energy assistance/weatherization; senior centers; programs for diverse communities]

**Education**

[Consider: local library if they have books on Alzheimer’s and dementia]

**Home Care and Hospice**

[Consider: county health and human services, home care, medical equipment/ technology-supported care at home, hospice]

**Legal and Financial**

[Consider: financial, legal, and advanced care planning professionals]

**Safety**

[Consider: city police, county sheriff, emergency response professionals]

**Transportation**

[Consider: public transportation, volunteer transportation]

**Regional and State Resources**

* Alzheimer’s Association - MN-ND Chapter (800) 272-3900 (24/7 Helpline), alz.org/mnnd
* Area Agency on Aging (insert regional contact information)
* Commission of Deaf, DeafBlind and Hard of Hearing Minnesotans (651) 431-5961, [www.mncdhh.org/](http://www.mncdhh.org/)
* Minnesota Legal Services (651) 228-9105, [www.mnlegalservices.org](http://www.mnlegalservices.org)
* Senior LinkAge Line® (800) 333-2433, MinnesotaHelp.info
* Veteran’s Administration Caregiver Support 1-855-260-3274, [www.caregiver.va.gov/](http://www.caregiver.va.gov/)

ACT on Alzheimer’s is a volunteer-driven collaboration bringing Minnesotans together to create supportive environments for everyone touched by Alzheimer’s disease and related dementias.

**www.ACTonALZ.org**