



# Best Practices to Simplify and Optimize Dementia Care

A training for physicians, physician assistants, and nurse practitioners

Over 5 million Americans are living with Alzheimer's disease today, and that number is expected to more than double over the next 20 years. Yet, Alzheimer's is an under-recognized public health crisis.

This training is offered by a physician/provider and will cover best practices across the care continuum for patients with cognitive impairment and dementia including cognitive assessment, medication and non-medication therapies, and patient and family support.

Physicians, physician assistants, and nurse practitioners will advance their knowledge and skills with dementia care.

## Session Learning Objectives:

- Understand the value of timely detection and learn simple approaches to identify cognitive impairment in routine practice
- Conduct a dementia work-up and communicate a dementia diagnosis effectively to patients and families
- Gain knowledge of best practices in medication and non-medication interventions
- Help patients and families access services to improve function and promote wellness

*Email [info@ACTonALZ.org](mailto:info@ACTonALZ.org) to schedule a training.*

**ACT on Alzheimer's is a volunteer-driven, statewide collaboration preparing Minnesota for the impacts of Alzheimer's disease and related dementias. For more information, visit [www.ACTonALZ.org](http://www.ACTonALZ.org).**

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